

www.hcpsmenus.com

Up to the minute information, menus, links and more



ALL students may participate in school meal programs.

ANY student who chooses a meal cannot have that meal denied/removed.

[Md. Education Code Ann. § 7-125]

Student accounts with insufficient funds will be charged for each meal served.

Student household is RESPONSIBLE FOR BALANCE DUE.

Students may only purchase a la carte items with money on account. Cash is accepted if account balance is \$0 or above.

FAQS---Frequently Asked Questions

Where is my student's PIN?

PINs are assigned by the school when a student registers/enrolls. Contact the school office to locate PIN/ID info. This number serves as the student's unique ID through all grades and should never be shared.

Are meals free?

No. However, if the student's family receives certain benefits, the student may automatically be enrolled for free or reduced priced meals ("meal benefits"). Households will receive a confirmation letter outlining which benefit is provided. All other students must pay for meals or **apply for meal benefits using the online** or paper application each year. (link on back panel)



How do I put money on my student's account?

Use **MySchoolBucks** online secure payment system (free to student households). Features include low balance alerts, auto-replenish option and more. Try the phone app. (link on back panel)
Cash is also accepted at the register.



More FAQs

My student has a medical food issue, what must be done?

Provide the school nurse with medical information from the physician. The nurse will share with the necessary staff. Medically required restrictions (such as food allergy diagnosis) are flagged in the computer register.



Our family has religious or personal food preferences, will the staff ensure my student follows these restrictions?

No. While these restrictions are important, staff must concentrate on medically required dietary safety. Review the menu with your student to ensure they understand your expectation. Utilize the online menu to determine if foods contain ingredients you wish to restrict.

Will I be able to see what my student purchases?

Yes! Enroll/sign in to your MySchoolBucks account to view your student's purchases. Purchases are listed by general category.

Are foods served in the cafeteria healthy?

Yes! Foods are evaluated and menus are planned to meet the USDA Dietary Guidelines for Americans and Federal laws like the Healthy Hunger Free Kids Act. Lean protein, whole grain rich items, lots of fruit and vegetable choices, low fat and fat free fluid milk. All a la carte foods must meet Smart Snack federal restrictions. Find more details at fns.usda.gov/nsfp



Are there food safety controls?

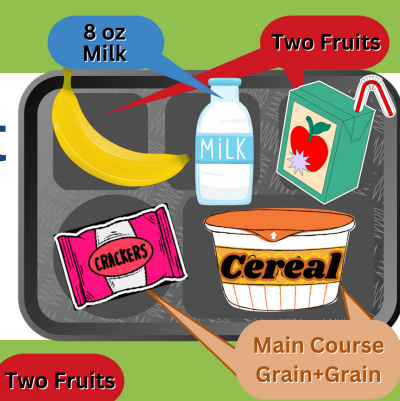
Absolutely. All staff receive continuous sanitation and safety training. Each kitchen has at least one ServSafe certified staffer. Our kitchens are inspected twice a year by Harford County Health Department.

Who prepares and serves the food?



Our professional staff are members of the School Nutrition Association, including our Certified Managers. They are your friends, neighbors, moms, dads, relatives, retirees - the whole gamut. Join our team - no weekends, no holidays, summers off! link on hcpsmenus.com

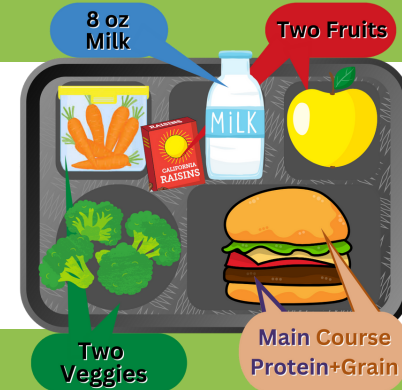
Breakfast
Each meal includes



8 oz Milk

Two Fruits

Main Course
Grain+Grain



8 oz Milk

Two Fruits

Two Veggies

Main Course
Protein+Grain

Lunch
Each meal includes

Students are encouraged to choose a full meal with all items. Please note: when students choose as few as 3 items the meal is claimed as complete under USDA terms.

Second Portions and A la Carte

All foods on the serving line may be purchased "a la carte" -extra entrees, fruits, veggies, milk, and more.

Other "Smart Snack" foods are offered to supplement meals. Favorites include bottled water, 100% fruit juice, chips, pretzels, whole grain rich cookies, and ice cream. Choices vary by school.

Prices listed on www.hcpsmenus.com

*Subject to change based on Federal regulations



How It Works

1

Student enters meal service line and makes choices



2

Student enters unique Personal Identification Number (PIN) into Pin Pad at computer register



3

Cashier confirms ID, account balance and purchases



4

Meal time begins!



Up to the minute information, menus, links and more
www.hcpsmenus.com



Apply for meal benefits at
www.myschoolapps.com



Add money to student account
Track purchases and participation
www.myschoolbucks.com



Harford County Public Schools Dept of Food and Nutrition Services

101 Industry Lane
Forest Hill, MD 21050
410-638-4078
Fax: 410-638-4201

www.hcps.org
www.hcpsmenus.com
email: schoolmeals@hcps.org

OUR MISSION

The Department of Food and Nutrition supports the quality education and learning environment of students in the Harford County Public School system by providing programs that operate within the guidelines of the United States Department of Agriculture (USDA) National School Lunch Program (NSLP).



OUR VISION

The Department of Food and Nutrition Services is respected as an advocate for student nutrition by setting a positive example in the meal programs and operating as a vital resource on issues pertaining to student nutrition.

The program is viewed as valuable by students, parents, school staff and the community.



**Valuable.
Vital.
Nutritious.**